



Kiwaniis®

CLUB OF PANAMA CITY

OCTOBER
ISSUE

VOLUME
167

2025 – 2026
YEAR

pulse



The **heartbeat**
of the Kiwanis
Club of Panama City



FL District Governor – Tommy Mills
Div. 2 Lt Governor – Jake Cook
FL Foundation Trustee – Keith Forehand
Key Club Lt Governor – Erica Sims

Division Leaders

Leaving a Legacy for the Children

"Club Business"

There are a few items that we need to address in the coming weeks to help us stay strong as a club.

Pulse Ads

It's time to renew your ad on this newsletter for just \$50 for a small space (multiples are available). This also gets you a listing on our website. Let Keith know because they fill up fast.

Bylaws

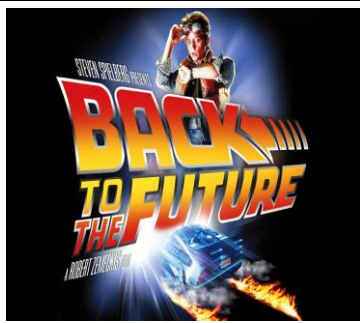
Kiwanis International has made some changes to the standard bylaws which we need to adopt to stay current. We'll get the changes out for your review.

Dues Increase

Unfortunately, it is now time to consider a dues increase. Kiwanis has raised International dues and our costs are rising. Our members are self-supported so all of our fundraising can go back to the community.

More details to follow

Volunteer **Children** Helping
Satisfaction **Service** International
Networking Fun **Community** Leadership Camaraderie Fundraising Friendship
Caring Key Club



Happy
New Kiwanis
Year

What does the Future Hold?

Our Kiwanis Year begins October 1st with new Leadership and new ideas. While we have many traditions, one thing for certain is that Kiwanis is ever changing. We'll celebrate our 100th anniversary on April 16th and the playground structure is on order. Mary Ellen is planning many events to get our name out in the public, starting with a float in the Veterans Day parade and new Kiwanis banners to be placed in the City and County Buildings. Maybe we'll even be in the Christmas Parade! Join us on Oct 4th at Tommy Oliver Stadium for the "Buddy Walk" which is to provide Support, Resources and Advocacy, with the aim of increasing Awareness, Acceptance, and Inclusion of those with Special Abilities. Then on Nov. 1st, we'll cook pancakes for the Council on Aging's Annual Fall Festival. This helps them raise matching funds to support our older community. We're now working on plans for Christmas in November and Salvation Army Bell Ringing. Don't forget about being a part of our 13 Service Leadership Programs. WOW! you wanted a chance to get involved, now's the time! And that's just the first quarter of our year. Stephanie is to be commended for a Great job last year with her inspiration and leadership so let's continue the momentum of excellence!

How do we define Kiwanis?....."Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time"



October Anniversaries

4th -Eric & Laurie Krebs
 6th – Brian & Christina Grainger
 17th – Taylor & Robyn Marshall
 26th – TC & Sheila Cotton
 26th – Barbara & Steven Stoff
 28th – Myron & Chevina
 Guilford

October Birthdays

8th – Ed Bell
 11th – Chris Mills
 13th – Chevina Guilford
 23rd – Terry Jack



Why are Members Important?

We finished last year with 11 new members and that's a great start. But why? Kids need adults who care. That's why people join Kiwanis clubs. They're local groups of like-minded volunteers who make a difference. Friends. Neighbors. Anyone who loves serving together to change children's lives. Kiwanis is serving the kids who need us most. So, ask someone to join today.

Inspirational Moments for Kiwanis

U.S. President John F. Kennedy said:
"If we who have, cannot help those who have not, then we cannot help ourselves."

Kiwanians have been helping themselves for over 100 years by helping others. We become better men and women when we help others.

For all you trivia buffs, let's test your Kiwanis knowledge.

What was the crisis that occurred at No. 1 Kiwanis Club of Detroit only 6 months after they were chartered?

Attend a meeting to find out the answer.

*Did you know the answer last month?
 (Renewing and stressing the interdependence of rural-urban communities and individuals)*

2025 – 2026 Officers / Directors

President Sharon Trainor
Past President Stefanie Gall
President Elect Eric Spoon
Vice Pres. Taylor Marshall
Secretary Eric Krebs
Treasurer Keith Forehand

Directors

Debbie Armstrong
 Doug Huntsucker Jake Cook
 Terry Jack Dan Gall
 Stan Peacock Steven Stoff
 Corey Wilson Dale Cronwell

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kiwanisclubofpanamacity

Website:

www.panamacitykiwanis.org

Keith Forehand, Editor

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Committee Chairpersons

Service

Adopt a Precinct, Fall Festival, Meals on Wheels, Salvation Army Bell Ringing.

Human & Spiritual Values Donna Golden
 Invocations & Sympathy Cards

Service Leadership Programs

Mosley Key Club	Dan Gall
Bay High Key Club	Jake Cook
Bozeman Key Club	Ron Shover
Arnold Key Club	Steven Stoff
N. Bay Haven Key Club	Karen Custer
Merritt Brown Bldrs	Debbie Armstrong
Tommy Smith K-Kids	Donna Golden
Northside K-Kids	Kathy Hart
Beach K-Kids	Max Daleiden
Parker K-Kids	Dale Cronwell
Walsingham K-Kids	Todd Brister
Chautaugua Aktion Club	Myron Guilford
Jinks Builders Club	Ed Bell

100th Anniversary Committee

Eric Krebs

Committee Chairpersons

Membership

Fund Raising

Pancake Days	Eric Spoon
Holiday Auction	
Mardi Golf	Eric Krebs

Club Administration Programs

Doug Smith

Image

Website	Melissa Brister
Facebook	Eric Krebs

Interclubs

Finance	Keith Forehand
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Auditor

Beverly Halley

Kiwanis Calendar of Events

Opportunities to Serve

Share the fun and Invite a Guest to be a part of Kiwanis

October 2025

New Kiwanis Year Begins!

- 1st - Club Meeting**
St Joe Marketing -Mary Beth Lovington
- 3rd - Meals on Wheels**
Aretha Hall & Kathryn Hart
- 4th - Buddy Walk**
Down Syndrome Association
- 8th - Club Meeting**
PC Symphony – Sergey Bogza
- 10th - Meals on Wheels**
Myron & Chevina Guilford
- 13th - Columbus Day**
- 15th - Club Meeting**
Program TBA
- 17th - Meals on Wheels**
Ed Bell & Steve Stoff
- 20th - Club Satellite Meeting**
5:30 pm The Place Downtown
- 22nd - Club Meeting**
President's Address – Sharon Trainor
- 24th - Meals on Wheels**
Todd Brister & Brian Hinton
- 28th - Board Meeting**
Via Zoom 5:30 pm
- 29th - Club Meeting**
Program TBA
- 31st - Meals on Wheels**
Bob Daffin & Dave Burris
- 31st - Halloween**

November 2025

- 1st - Council on Aging Fall Festival**
Come help us Cook Pancakes
- 5th - Club Meeting**
Program TBA
- 7th - Meals on Wheels**
Myron & Chevina Guilford
- 11th - Veterans Day**
Join us in the Parade
- 12th - Club Meeting**
Program TBA
- 14th - Meals on Wheels**
Ed Bell & Marilyn Fenimore
- 17th - Club Satellite Meeting**
5:30 pm The Place Downtown
- 19th - Club Meeting**
Christmas in November
- 21st - Meals on Wheels**
Todd Brister & Brian Hinton
- 25th - Board Meeting**
Via Zoom 5:30 pm
- 26th - No Club Meeting**
Happy Thanksgiving
- 27th - Thanksgiving**
- 28th - Meals on Wheels**
Doug Smith & Corey Wilson



Sharon Trainor
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**Florida Kiwanis
Foundation**

*"Leaving a Legacy for
the Children"*
Keith Forehand, Trustee
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Myron Guilford



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