



Kiwanis®

CLUB OF PANAMA CITY

NOVEMBER
ISSUE

VOLUME
168

2025 – 2026
YEAR

pulse



The **heartbeat**
of the Kiwanis
Club of Panama City



Volunteer Satisfaction **Children** Helping International
Service Kiwanis
Networking Leadership Camaraderie Fundraising
Fun Community Friendship
Caring Key Club

Happy
THANKSGIVING
Day



A Time for Giving Thanks

"We make a living by what we get, but we make a life by what we give" - Winston Churchill. "It's not how much we give but how much love we put into giving" - Mother Teresa. "For it is in giving that we receive" - St. Francis of Assisi.

Panama City
Kiwanis Club presents:

CHRISTMAS IN NOVEMBER

WEDNESDAY, 19TH
12:00PM-1:00PM

BRING a friend!

BRING an unwrapped toy, gift card
or a baked good to raffle.

BRING yourself dressed in festive
attire with a holiday spirit to help
benefit children in need in
Bay County!

Any questions contact Sharon at 850-832-7165

"No one has ever
become poor by
giving."
"No act of kindness,
no matter how
small, is ever
wasted."
"Happiness doesn't
result from what we
get, but from what
we give."
"I have found that
among its other
benefits, giving
liberates the soul of
the giver."

These quotes
represent the life of
a Kiwanian.

FL District Governor -Tommy Mills
Div. 2 Lt Governor -Jake Cook
FL Foundation Trustee - Keith Forehand
Key Club Lt Governor - Erica Sims
Division 2 Leaders
Leaving a Legacy for the Children

"Notable Notes"



Showing off our 100th Anniversary
Banner at the Bay High Homecoming
Parade.

Next up is the **Veteran's Day Parade**.
Come help build a float on the 8th.
Thanks to MaryEllen Pettis

Council on Aging's
Pancake Breakfast
Was a success! With
13 members serving
(We even let Doug
Smith cook!)



**How do we define Kiwanis?....."Kiwanis is a global
organization of volunteers dedicated to improving the
world one child and one community at a time"**



November Anniversaries

6th -Nick & Teresa Sorrento
 7th – Mo & Tahereh Mohammad
 11th – Jim & KayLee Sheetz
 19th – Heather & Daniel Murray
 25th – Dan & Stefanie Gall
 27th – Jimmy & Katie Patronis
 29th – Dave & Mary Burris

November Birthdays

10th – Sharon Trainor
 18th – Whitney Nieves
 20th – Steven Stoff
 21rd – Kay Brewton
 22nd – Dave Hornkohl
 25th – Aretha Hall



Great Start to the New Year With 3 New Members

Nathan DeWall is Self-Employed and sponsored by Eric Spoon.

Michael Ower is a Pilot and sponsored by Stan Peacock.

Justin Anderson is an Attorney and also sponsored by Stan Peacock.

Welcome to our new Friends

Inspirational Moments for Kiwanis

Martin Luther King, Jr. said: ***"Every man must decide whether he will walk in the light of creative altruism or the darkness of destructive selfishness. This is the judgement. Life's most persistent and urgent question is, What are you doing for others?"***

This light shines brightly in Kiwanis. With more than 150,000 service projects and 6 million hours of volunteer time every year.

KIWANIS TRIVIA

For all you trivia buffs, let's test your Kiwanis knowledge.

When was the Kiwanis International Foundation (Children's Fund) created?

Attend a meeting to find out the answer.

Did you know the answer last month? (A faction insisted that "community service" should be emphasized rather than the self-serving "We Trade" philosophy)

2025 – 2026 Officers / Directors

President Sharon Trainor
Past President Stefanie Gall
President Elect Eric Spoon
Vice Pres. Taylor Marshall
Secretary Eric Krebs
Treasurer Keith Forehand

Directors

Debbie Armstrong
 Doug Huntsucker Jake Cook
 Terry Jack Dan Gall
 Stan Peacock Steven Stoff
 Corey Wilson Dale Cronwell

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kiwanisclubofpanamacity

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Committee Chairpersons

Service

Adopt a Precinct, Fall Festival, Meals on Wheels, Salvation Army Bell Ringing.

Human & Spiritual Values Donna Golden
 Invocations & Sympathy Cards

Service Leadership Programs

Mosley Key Club	Dan Gall
Bay High Key Club	Jake Cook
Bozeman Key Club	Ron Shover
Arnold Key Club	Steven Stoff
N. Bay Haven Key Club	Karen Custer
Merritt Brown Bldrs	Debbie Armstrong
Tommy Smith K-Kids	Donna Golden
Northside K-Kids	Kathy Hart
Beach K-Kids	Max Daleiden
Parker K-Kids	Dale Cronwell
Walsingham K-Kids	Todd Brister
Chautaugua Aktion Club	Myron Guilford
Jinks Builders Club	Ed Bell

100th Anniversary Committee

Eric Krebs

Committee Chairpersons

Membership

Fund Raising

Pancake Days	Eric Spoon
Holiday Auction	Taylor Marshall
Mardi Golf	Eric Krebs

Club Administration Programs

Doug Smith

Image

Website
Facebook

Melissa Brister
 Eric Krebs
 Sharon Trainor

Interclubs

Finance

Keith Forehand

Auditor

Beverly Halley

Kiwanis Calendar of Events

Opportunities to Serve

Share the fun and Invite a Guest to be a part of Kiwanis

November 2025

- 1st - Council on Aging Fall Festival**
Come help us Cook Pancakes
- 5th - Club Meeting**
Dave Trogdon – HOPE Project
- 7th - Meals on Wheels**
Myron & Chevina Guilford
- 11th - Veterans Day**
Walk with us in the Parade
- 12th - Club Meeting**
Eric Krebs – Youth Protection
- 14th - Meals on Wheels**
Ed Bell & Marilyn Fenimore
- 17th - Club Satellite Meeting**
5:30 pm Olive Garden on Hwy 77
- 19th - Club Meeting**
Christmas in November
- 21st - Meals on Wheels**
Todd Brister & Brian Hinton
- 26th - No Club Meeting**
Happy Thanksgiving
- 27th - Thanksgiving**
- 28th - Meals on Wheels**
Doug Smith & Corey Wilson

December 2025

- 3rd - Club Meeting**
Christmas Choir
- 5th - Salvation Army Bell Ringing**
Walmart in Lynn Haven
- 5th - Meals on Wheels**
Aretha Hall & Kathryn Hart
- 9th - Board Meeting** (Combined Nov & Dec)
Via Zoom 5:30 pm
- 10th - Club Meeting**
Christmas Choir
- 12th - Meals on Wheels**
Bob Daffin & Dave Burris
- 15th - Club Satellite Meeting**
5:30 pm Olive Garden on Hwy 77
- 17th - Club Meeting**
Christmas Choir
- 19th - Meals on Wheels**
Myron & Chevina Guilford
- 24th - No Club Meeting**
Merry Christmas
- 25th - Christmas Day**
- 26th - Meals on Wheels**
Todd Brister & Brian Hinton
- 31st - Club Meeting**
Program TBA



Healthy Start

Bay, Franklin, Gulf
Healthy Start Coalition

Sharon Trainor www.healthystartbfg.com



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Keith Forehand, Trustee
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